

Dear AYUDA,

This summer, I had the opportunity to participate in AYUDA's En El Camino and Campo Amigo programs. I had the chance to share my story and how diabetes has influenced my life with the motive of inspiring volunteers. I also got the chance to work with AYUDA volunteers to lead amazing programs to help kids like me living with diabetes. I appreciate having the opportunity of being able to learn the amazing qualities they have.

Thoughtfully,  
Rafael Valenzuela  
Aprendiendo a Vivir Youth Leader



Rafael, AYUDA Volunteers Mia Eisenberg and Nikhita Gopisetty, and a camper at the 2019 Campo Amigo Program

Wishing our AYUDA family a warm, safe, and happy Holiday Season and New Year. Thank you for your continued partnership and commitment to empowering youth to serve as agents of change in diabetes communities around the world. Together we have made a difference. Together we are stronger.

¡Juntos somos más fuertes!